



CYNGOR CAERDYDD  
CARDIFF COUNCIL

**Western Learning Federation  
Ty Gwyn School**



## **Sun Protection Policy**

Date Policy Approved by Policy Committee:	28 <sup>th</sup> April 2022
Date of next Review for Approval by Policy Committee:	28 <sup>th</sup> April 2024
Date Ratified by Full Governing Body:	11 <sup>th</sup> May 2022
Date Published:	May 2022

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## MONITORING THE POLICY

This policy will be reviewed bi-annually unless change of circumstances or legislation requires it to be amended earlier.

Signed: ..... W.A.M. ..... Date: ..... 25/7/22 .....  
Executive Headteacher

Signed: ..... [Signature] ..... Date: ..... 25-07-22 .....  
Head of School

Signed: ..... David Saunders ..... Date: ..... 27<sup>th</sup> July 22 .....  
Chair of Governors





# The Western Learning Federation

## Our Vision, Mission Statement, Values & Principles

### Our Vision

Together we learn, grow and achieve





### Our Mission Statement

Together we collaborate in all that we do

### Our Values and Principles



Our vision and values have been developed using the UN Convention on the Rights of the Child (UNCRC) as our guide, to create a safe and inspiring place to learn, where children are respected, their talents are nurtured and they are able to thrive. Our vision and values also compliment the 'Four Purposes of Learning' which underpin Curriculum for Wales. The Four Purposes are the shared vision and aspiration for every child and young person in Wales and support our pupils to become; Ambitious Capable Learners Healthy Confident Individuals Enterprising Creative Contributors Ethical Informed Citizens.

<p><b>Ambitious Capable Learners</b></p> 	<p><b>Healthy Confident Individuals</b></p> 	<p><b>Enterprising Creative Contributors</b></p> 	<p><b>Ethical Informed Citizens</b></p> 
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# Ty Gwyn's Vision Statement

## "Learning to Achieve"

At Ty Gwyn School we believe that every pupil should have the opportunity to learn and develop to the full within an environment where they are happy, ambitious, capable learners.

Pupils will take increasing responsibility for their own learning in becoming healthy confident individuals.

All pupils will be supported and challenged to become enterprising, creative contributors to prepare them to reach their full potential in life and work.

We believe every child has the right to an education of high quality where everyone is valued and encouraged to respect others.

We believe that every pupil has the right to develop their knowledge about their culture, community and society in order to help them become ethically informed citizens of Wales and the wider world.

Our vision statement incorporates the four purposes of the new curriculum for Wales

**'Successful Futures' (2015) which states that:**

"Each child and young person in Wales should be able to benefit from curriculum and assessment arrangements that will best meet their present needs and equip them for their future lives. Our children and young people only have a relatively short time at school. We must use that time judiciously and productively to help each one of them to grow as a capable, healthy, well-rounded individual who can thrive in the face of unknown future challenges".

## **Rationale**

Skin cancer is one of the most common cancers in the UK and the number of cases is rising. The majority of these cases could be prevented. Most skin cancers are caused by ultraviolet (UV) radiation from the sun. UV radiation levels are at their highest between 11am to 3pm. If we protect ourselves from the sun then we can reduce our risk. This is particularly important for children and young people whose skin is more delicate and easily damaged. Studies have found that sunburn during childhood can increase the risk of cancer later in life.

Many of our students are unable to take responsibility for their own sun protection. So staff have a responsibility to ensure that the students are appropriately protected from the harmful effects of too much sun.

## **Aim**

To provide opportunities throughout the year for outside play and activities whilst protecting the children from the harmful effects of the sun.

## **Objectives**

Protection – Providing an environment that enables children and staff to stay safe in the sun.

Collaboration – Working with parents / guardians in providing sun protection for students.

## **Procedures / Practice**

Shade:

- Shade structures / gazebos provide long / short term shade.
- Where possible, seats and equipment are moved to shady areas.
- Organised activities make use of the shade available.
- Encourage students to use existing shaded areas during break times.
- Some safe sun exposure should be encouraged for the students in order for their bodies to produce a sufficient level of Vitamin D.

Timetabling:

- Where possible and appropriate, outdoor activities are planned outside of 11am – 3pm. If this is unavoidable, ensure hats, clothing and sunscreen are worn to minimise sunburn.
- Staff must supervise that students do not spend too much time directly exposed to the sun, whether this is on or off the school premises.



#### Clothing:

- Parents will provide a labelled hat for their child to wear when outside. There is a school stock of hats for students who forget.
- Spare hats are available for children who forget their own.
- Children are encouraged to wear tops that cover their shoulders (vests and strappy tops are discouraged).
- Staff should also wear suitable hats and clothing to reinforce role modelling.

#### Sunscreen:

- Sunscreen should be used for covering areas of exposed skin. A sunscreen of factor 15+ is recommended and ensure that application of sunscreen is adequate and applied regularly. Guidelines state approximately 2 teaspoonfuls for head, arms and neck and an extra 2 teaspoonfuls if in a swimming costume.
- Letters are sent home asking for parental permission for staff to apply sunscreen to students that require extra assistance.
- Students are supervised applying their own sunscreen with the help of mirrors, if they are able to do so.
- Each student brings in their own labelled bottle of sunscreen from home. There is a school stock of sunscreen for students who forget.

#### Water:

- Ensure that staff and students have access to drinking water. Encourage the consumption of plenty of water to avoid dehydration especially when on educational visits.
- Students who are gastrostomy feed will also require extra fluid during period of hot weather. Please contact a member of the nursing team if you have any queries regarding this.

## **Responsibilities**

#### Parents:

- To provide school with a labelled hat, appropriate clothing and labelled sunscreen, for their child to use during the school day.

#### Classes:

- Supervise that students do not spend too much time directly exposed to the sun.
- Encourage pupils to wear sun hats while outside.
- Supervise students applying sunscreen or if needed apply sunscreen to students who are unable to complete the task independently, regularly throughout the school day.

#### School:

- To provide adequate shaded areas on the school premises.
- Ensure that staff and students have access to drinking water.

## **Equal opportunities**

All students should be given opportunity to enjoy outside activities safely.

## **Parental involvement**

Parents / guardians shall be informed of the need to apply sunscreen to students before they arrive at school and request that they supply sunscreen for their child to be used in school time. If parents / guardians have specific concerns with regards to the re-application of sunscreen, parents / guardians are welcome to attend the school at lunch times to re-apply the sunscreen to their child.

It is important to have support from parents so they can continue to promote a sun smart message at home and demonstrate the importance of it during outdoor family activities and on holidays.

## **Monitoring and evaluation**

- Monitor incidences of sunburn to see if these are decreasing.
- Continue to gather feedback from all the people involved.
- Keep records of the implementation process.

## Glossaries and extras

Letter to parents.

Dear Parents / Guardians,

Now we are in the Summer term with the hope of sunny weather, we would like to take this opportunity to ensure that your child is adequately protected from the sun during outdoor activities.

We request that you provide the school with a sun hat labelled with your child's name and a tube / bottle of sunscreen of Factor 15 or above, again labelled with your child's name. These will remain in school to be used with your child during the school day. We recommend that your child arrives at school wearing sunscreen and please be aware that due to effectiveness of sunscreen protection reducing over a period of time, there is a need for sunscreen to be re-applied during the school day. Although we actively encourage students to be as independent as possible with their personal care, for many students it is necessary for the staff to apply their sunscreen. However, in line with county guidelines, if you have concerns regarding the re-application of sunscreen to your child, it is your responsibility to make arrangements with the class teacher for you to arrive at the school for the beginning of your child's lunch break to apply their sunscreen. We also recommend that your child wears appropriate clothing that covers their shoulders, vests and strappy tops are discouraged.

At Ty Gwyn we feel that sun protection is a very important issue as skin cancer is one of the most common cancers in the UK and the number of cases is rising. The good news is that the majority of these cases can be prevented. Most skin cancers are caused by ultraviolet (UV) radiation from the sun.

If we protect the students from the sun then we can reduce the risk. This is particularly important for children and young people whose skin is more delicate and easily damaged.

Studies have found that sunburn during childhood can increase the risk of skin cancer later in life.

For more information visit [SunSmart.org.uk](https://www.sunsmart.org.uk)

Thank you for your co-operation.

