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| **Sensory Timetable** | **MON** | **TUES** | **WED** | **THURS** | **FRI** |
| **Colour of the Day** | Red | Orange | Yellow | Green | Blue |
| **Music/**  **Mood** | Pop/  Happy-Pharrell Williams | Rumba/  Sway-Dean Martin | Carnival/  All the birds of a feather - Rio Movie | Alt. Rock/  Shake-MercyMe | Relaxation/  Gwahoddiad-Lleuwen Steffan |
| **Movement/**  **Dance** | Clapping/  Tapping | Swaying/  Enveloping | Scrunching/  Big to Small | Shaking/  Squeezing | Flowing/  Stretches |
| **Touch/**  **Feel** | Bubble  Wrap | Orange Fleece Blanket | Space Blanket | Sponge mitt in water | Blue Silk/  Chiffon  Scarf |
| **Smell/Oil** | Cherry | Orange | Pineapple | Apple | Blueberry |
| **Taste/**  **Lip balm** | Cherry | Orange | Pineapple | Apple | Blueberry |