|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Sensory Timetable** | **MON** | **TUES** | **WED** | **THURS** | **FRI** |
| **Colour of the Day** | Red | Orange | Yellow | Green | Blue |
| **Music/****Mood** | Pop/Happy-Pharrell Williams | Rumba/Sway-Dean Martin | Carnival/All the birds of a feather - Rio Movie | Alt. Rock/Shake-MercyMe | Relaxation/Gwahoddiad-Lleuwen Steffan |
| **Movement/****Dance** | Clapping/Tapping | Swaying/Enveloping | Scrunching/Big to Small | Shaking/Squeezing | Flowing/Stretches |
| **Touch/****Feel** | Bubble Wrap | Orange Fleece Blanket | Space Blanket | Sponge mitt in water | Blue Silk/ChiffonScarf |
| **Smell/Oil** | Cherry | Orange | Pineapple | Apple | Blueberry |
| **Taste/****Lip balm** | Cherry  | Orange | Pineapple  | Apple  | Blueberry  |