**Autumn Sensory Pack**

**Learning Objectives**

To begin to show anticipation

To use body language to communicate ‘more’

To use body language to communicate likes and dislikes

To increase lengths of social communication with an adult (through eye contact, social smiles)

To begin to develop an awareness of themselves and their bodies.

1. **Cauliflowers fluffy** - Socks filled with rice (and heated) to be moved over the body.
2. **Round and round the garden** - circle movements to be made on children’s hands and body.
3. **Orange, red and brown** - Coloured cellophane to be crunched on arms, legs and feet.
4. **Autumn leaves are falling down** - Fans over body
5. **Dingle, dangle scarecrow** - Hessian material
6. **Autumn song** - wet sponges on feet and legs
7. **Autumn relaxation music** - foot spas, bowls of warm bubbly water and blankets.